





May my life be a continual prayer, a long act of love.

St. Élisabeth of the Trinity
Feast: November 8 | Carmelite Mystic



A soul united to Jesus is a living smile that radiates Him and gives Him.

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Believe that He loves you. He wants to help you Himself in the struggles which you must undergo. Believe in His Love, His exceeding Love.

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What a joyous mystery is your presence within me, in that intimate sanctuary of my soul where I can always find you, even when I do not feel your presence. Of what importance is feeling? Perhaps you are all the closer when I feel you less.

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