



Answering Christ's call,
we guide people to encounter Him
so as to live in hope, as pilgrims in daily life.

Meet the Master

Monthly podcast to discover Jesus the Master; encounter him through a presentation, Scripture, and reflection

October 2021 – The Mercy of Jesus

Scripture: 1 Peter 1:3

*Blessed be the God and Father of our Lord Jesus Christ! By his great **mercy** he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead.*

Virtue: Fortitude - Firmness of spirit. As a virtue, it is a steadiness of will in doing good in spite of difficulties faced in the performance of one's duty.

Church Teaching:

Catechism of the Catholic Church #1078 says that this is what it means for man to bless God: *To offer adoration and surrender to his Creator in thanksgiving.*

Catechism of the Catholic Church #1837 *Fortitude ensures firmness in difficulties and constancy in the pursuit of the good.*

Spiritual Exercise

The Psalms

There are many Psalms that express the attitude of praise. Many are attributed to King David – the poet, mystic and writer. The Psalms express sentiments of the human heart.

- Psalms 148, 149 & 150 begin with *Praise the Lord....* These are filled with praises to God. Read these slowly and allow the Psalm(s) to lead you to choosing words from your heart as you bless Father of our Lord Jesus Christ.

Sacrament of Reconciliation = Mercy of Jesus

Experience the mercy of God by receiving the Sacrament of Reconciliation. If you are in need of a guideline, contact us and we would be happy to mail it to you. The priest in the Confessional will also help you along; simply express it has been ‘some time’ and you need guidance.

The Glory Be

This very short prayer is said often by practicing Catholics, we can easily pray it mechanically and without attention. We must be careful! This short prayer called the *Glory Be* is a prayer of praise in which we praise the Holy Trinity – God the Father, the Son and the Holy Spirit. Pray it slowly with attention. Stop during the day to praise the Trinity who lives within the very depths of your soul!

The purpose is to help us understand how near the Master is to us, how much he wants to help us. Draw from the fountain of His mercy and place your trust in His wisdom. Recall the words Peter: *Blessed be the God & Father of our Lord Jesus Christ!*