



Answering Christ's call,  
we guide people to encounter Him  
so as to live in hope, as pilgrims in daily life.

## **Meet the Master**

Monthly podcast to discover Jesus the Master; encounter Him through a presentation, Scripture, and reflection

### **August – How Jesus Speaks**

**Scripture:** *In times past, God spoke in partial and various ways to our ancestors through the prophets; in these last days, he spoke to us through a son, whom he made heir of all things and through whom he created the universe, who is the refulgence of his glory, the very imprint of his being, and who sustains all things by his mighty word. When he had accomplished purification from sins, he took his seat at the right hand of the Majesty on high, as far superior to the angels as the name he has inherited is more excellent than theirs.* Hebrews 1:1-3

**Virtue:** Justice – virtue which calls one to the disposition to give others their due. The Holy Spirit's gift of piety builds on the virtue of justice to form one to respect, serve and show gratitude and the virtue of religion which is to offer to God the worship that is due Him.

**Quote:** *Let us live with God as with a Friend. Let us make our faith a living thing, so as to remain in communion with Him through everything. That is how saints are made. We carry our heaven within us, since He who completely satisfies every longing of the glorified souls in the light of the Beatific Vision, is giving Himself to us in faith and mystery. It is the same thing. It seems to me I have found my heaven on earth, since heaven is God and God is in my soul. The day I understood that, everything became clear to me, and I wish I could whisper this secret to those I love in order that they also might cling closely to God through everything.* St. Elizabeth of the Trinity / Her dying words were "I am going to Light, to Love, to Life."

**Church Teaching: (Catechism of the Catholic Church #102):**

Through all the words of Sacred Scripture, **God speaks only one single Word**, his one Utterance in whom he expresses himself completely: You recall that one and the same Word of God extends throughout Scripture, that is the one and the same Utterance that resounds in the mouths of all the sacred writers, since he who was in the beginning God with God has no need of separate syllables; for he is not subject to time.

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### **Spiritual Exercise**

#### **Adoration of the Blessed Sacrament**

The Blessed Sacrament is another name for the Eucharist. The Eucharist is one of the seven sacraments instituted by Christ to be received by the faithful. Unlike the other sacraments, however, the Eucharist is not only a sacrament to be received but also a sacrament to be adored before, during, and after reception. It is therefore a permanent sacrament, since Christ remains in the Eucharist as long as the physical properties of the species of bread and wine remain essentially unchanged.

A Catholic can receive (consume) the Eucharist (Jesus) if he or she is in a state of grace, meaning not guilty of mortal sin (if unsure – go to Confession!) A person of any faith or no faith can 'be present' to Jesus in the Blessed Sacrament, which is His Divine Presence. The Blessed Sacrament (Eucharist) is in every Catholic Church and can be found in the Tabernacle (small box) located next to a lit candle. One may kneel or sit in our Lord's Presence. You are free to be silent or silently speak to our Lord. Make a commitment to spend at least 15 minutes (before or after Mass) or more, if possible, weekly in Adoration of The Word, who sustains all things and dearly wants to speak to you!

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