



**PILGRIM**  
Center of Hope

Answering Christ's call,  
we guide people to encounter Him  
so as to live in hope, as pilgrims in daily life.

## ***Meet the Master***

Monthly podcast to discover Jesus the Master; encounter him through a presentation, Scripture, and reflection

### **March 2021 – The Name of Jesus**

**Scripture:** *So great is the Most Holy Name of Jesus that God highly exalted Him and gave Him the Name that is above every name, so that at the Name of Jesus every knee should bend; in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. Philippians 2:9-11*

**Virtue:** Honesty - True honesty and integrity require that we speak only from the truth that resides within our hearts.

**Quote:** *Are you troubled? Think but of Jesus – speak but the name of Jesus, the clouds disperse, and peace descends anew from heaven. Have you fallen into sin? So that you fear death? ..invoke the name of Jesus and you will soon feel life returning. No obduracy of the soul, no weakness, no coldness of heart can resist this holy name – there is no heart which will not soften and open in tears at this holy name. St. Bernard of Clairvaux*

#### **Church Teaching: (Catechism of the Catholic Church #2666):**

*The one name that contains everything is the one that the Son of God received in his incarnation: JESUS. The divine name may not be spoken by human lips, but by assuming our humanity. ...The name "Jesus" contains all: God and humanity and the whole economy of creation and salvation. To pray "Jesus" is to invoke him and to call him within us. His name is the only one that contains the presence it signifies. Jesus is the Risen One, and whoever invokes the name of Jesus is welcoming the Son of God who loved me and who gave himself up for me.*

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### **Spiritual Exercise**

#### **Ways to Honor the Name of Jesus**

#### **The Divine Praises – include in your daily prayer.**

Blessed be God.

Blessed be Jesus Christ, true God and true Man.

Blessed be His Most Sacred Heart.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be the Name of Mary, Virgin and Mother.

Blessed be God in His Angels and in His Saints.

Blessed be His Holy Name.

Blessed be the Name of Jesus.

Blessed be His most Precious Blood.

Blessed be the Holy Spirit, the Consoler.

Blessed be her Glorious Assumption.

Blessed be St. Joseph, her most chaste spouse.

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**Invocation of the Holy Name of Jesus** - This short invocation of the Holy Name is meant to be prayed repeatedly throughout the day. "Blessed be the most holy Name of Jesus without end!"  
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**An Offering to Jesus** - Jesus, I offer Thee my thoughts that You may keep them pure; my actions that they may always glorify Your Name; my words that they may forever give you praise!

Speak the name, "Jesus," slowly, and with reverence at least two times a day as a an act of love for the Master!