



PILGRIM
Center of Hope

Answering Christ's call,
we guide people to encounter Him
so as to live in hope, as pilgrims in daily life.

Meet the Master

Monthly gatherings to discover the Master and encounter him as we read the scriptures, listen to a presentation, meet a saint, and receive a spiritual tool.

June 6, 2020 – Jesus' Compassion

Scripture

- **Mark 6:34** Jesus had compassion on the crowd:
As he landed he saw a great throng, and he had compassion on them because they were like sheep without a shepherd; and he began to teach them many things.
- **John 11:17-44** The Raising of Lazarus from the dead; Jesus said *take away the stone.*

Additional scripture references:

- **John 14:6** *Jesus said to him, "I am the way, and the truth, and the life; no one comes to the Father, but by me."*
- **Ezekiel 36:27** *I will give you a new heart, and a new spirit I will put within you. I will remove the heart of stone from your flesh and give you a heart of flesh.*

Catechism of the Catholic Church (CCC)

Church Teaching: *Christ the physician*

CCC #1503 Christ's compassion toward the sick and his many healings of every kind of infirmity are a resplendent sign that "God has visited his people" and that the Kingdom of God is close at hand. Jesus has the power not only to heal, but also to forgive sins; he has come to heal the whole man, soul and body; he is the physician the sick have need of. His compassion toward all who suffer goes so far that he identifies himself with them: "I was sick and you visited me." His preferential love for the sick has not ceased through the centuries to draw the very special attention of Christians toward all those who suffer in body and soul. It is the source of tireless efforts to comfort them.

Spiritual Exercise

The spiritual exercise is taken from an article written by a Jesuit priest, Father Robert McTeigue, S.J. It is taken from St. Ignatius' writings. Find it on our website with the other materials for today's Meet the Master.

Saint Ignatius offers a form of meditation known as the Examen. Some Jesuit scholars refer to it as the *Examen of Consciousness* to distinguish it from the examination of conscience we undertake while preparing to make a good confession. The Examen is a way of taking note of our spiritual vital signs daily so as to heighten our awareness of the temptations to sin and the invitations of grace that constantly surround us. Practiced faithfully, the Examen can keep us alert to the unique patterns of light and dark that are at work in each of us, so that we can learn to cooperate with one and resist the other.

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